

BOSS MODELS

JOHANNESBURG



SEMU SHANGASE

Height: 170cm Bust: 81cm Waist: 64cm Hips: 93cm Shoe: 5 UK Hair: Black Eyes: Brown

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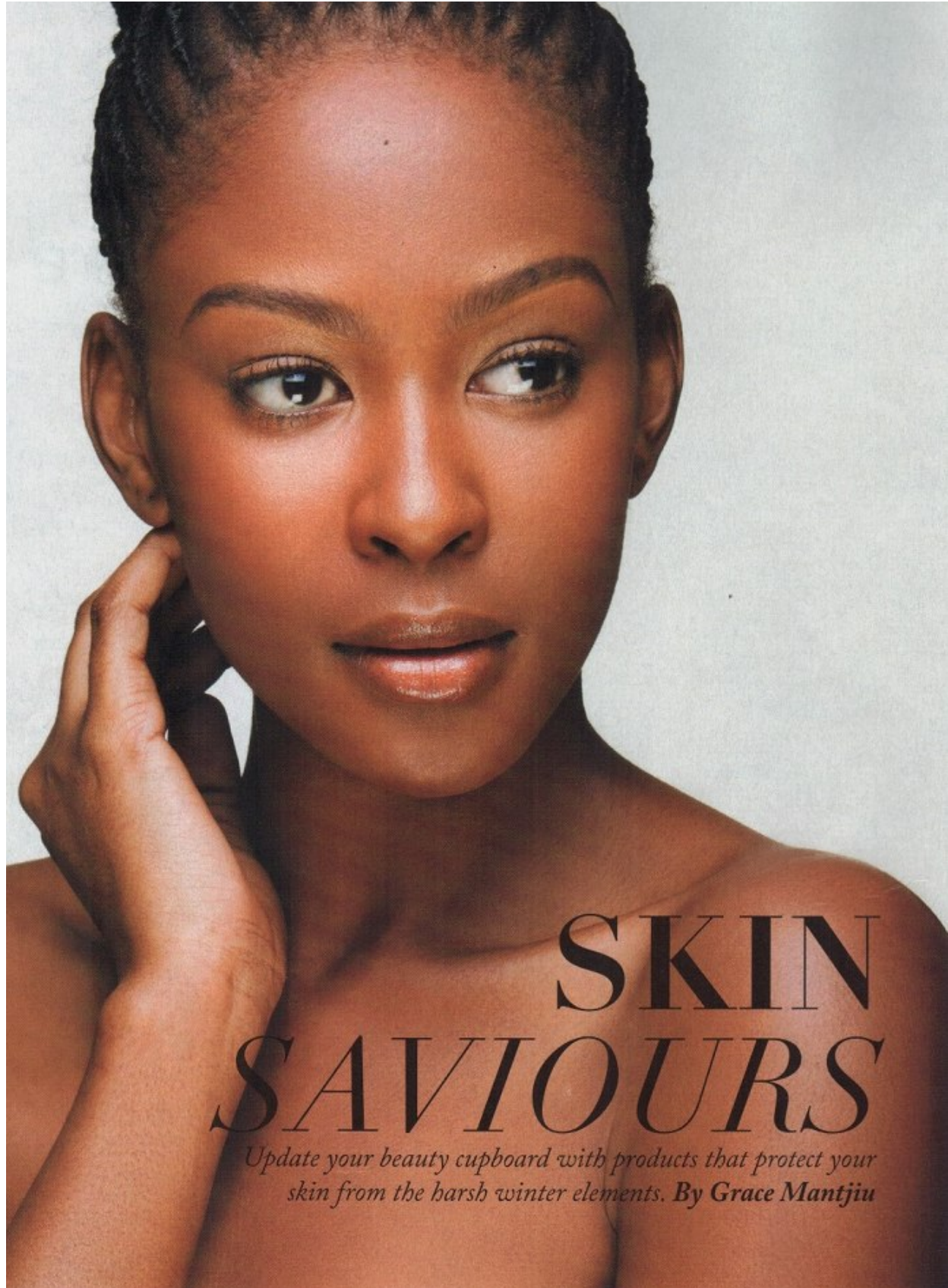


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SKIN SAVIOURS

Update your beauty cupboard with products that protect your skin from the harsh winter elements. By Grace Mantjiu

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EYE CREAM

The delicate skin around the eyes is vulnerable to any harsh winter elements as it is thin and soft. Look out for an eye cream with vitamin E, A or C to tackle dark circles, puffiness and dryness.

TIP

Use your ring finger to apply your eye cream in a tapping motion. Your ring finger is light and won't put too much pressure on the skin around the eye.

Skin Republic
Brightening Eye
Mask, **R52.99**



KIEHL'S Creamy Eye
Treatment, **R385**



POND'S Flawless Radiance Light
Infusing Under-Eye Cream, **R129.95**

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FASHION & BEAUTY

Qh la la

IT'S YOUR MOMENT

Glamorous gowns with the wow factor to
make you shine on your wedding day



66 | www.nubianbride.co.za



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FASHION & BEAUTY

Sweet dreams

*Featured on the
cover of Nubian Bride*

Eyes Brows Le Gel Sourcils
in 370 Brun; Lid Ombre
Première Longwear
Cream Eyeshadow in 808
Lilas d'Or; **Outer corner**
Ombre Première Longwear
Powder Eyeshadow in 20
Carbone; **Liner** Calligraphie
de Chanel in Hyperblack;
Mascara Le Volume de
Chanel in 10 Noir

Lips Le Crayon Lèvres In
Nude Madore; Rouge Coco
Shine in Boy.
Make-up by Chanel

Credits

Photographer Jurie Potgieter |
juriepotgieter.com

Stylist Siya Dube |
siyamthandamtshemla@gmail.com

Make-up Gina Myers |
gina.mua@gmail.com

Hair Seema Chita, Blo Hairdressing |
www.blo.co.za

Models Connie Kalule and Semu
Shangase from Boss Models |
www.bossmodels.co.za

Accessories See fashion credits on
page 75

STOCKISTS
Make-up Chanel | www.chanel.com

Clinique | www.clinique.co.za

MAC | www.maccosmetics.co.za

106 | www.nubianbride.co.za



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Gown Karen by
Rebecca Ingram
Earrings Colette
by Colette Hayman
Necklace Colette
by Colette Hayman
Model Semu

FASHION & BEAUTY

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WIN! FAB 2-NIGHT GETAWAYS

YOUR FAMILY

JANUARY 2018 R29.50 (INCL VAT) Other countries R25.88 (excl tax)

INSPIRING & EASY!

YUMMY HOLIDAY FOOD

- ◆ Sticky ribs
- ◆ Salt & pepper calamari
- ◆ Lemon cheesecake ice cream

BE YOUR OWN PERSON

Moving on from
codependence

GREAT
VALUE!
40+
RECIPES

Make this easy
beach kaftan

HELLO 2018

SUPER
STUDENT
QUIZ

The key to WEIGHT LOSS

(and why you can't
ignore science)

- ◆ Buy better, not less
- ◆ Be a calmer, happier you
- ◆ Plan your working wardrobe
- ◆ Finally start saving – no excuses!

DON'T MISS ★ Our top holiday reads ★ A 2-hour Christmas feast prep

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Nubian Bride
www.nubianbride.co.za

THE QUINTESSENCE OF BRIDAL VOGUE

The ultimate guide to super-chic weddings

TRENDS, DECOR, FLOWERS, CAKES & VENUES

FLAWLESS HAIR AND BEAUTY

URBAN STATE OF MIND

HOT INTERNATIONAL BRIDAL FASHION THAT DREAMS ARE MADE OF

R37 (INCL. VAT) | ISSUE 15 | 2017
R32.45 (EXCL. VAT) (outside RSA)

9 772218 395001

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Nubian Bride

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THE QUINTESSENCE OF BRIDAL VOGUE

DIVINE
DIVA
DO YOUR DAY
YOUR WAY!

FASHION COOL, CULTURED & CONTEMPORARY
HONEYMOONS EXOTIC RENDEZVOUS
REAL WEDDINGS BIG BUDGET SOIRÉES
PLUS TRENDS, DÉCOR, FLOWERS
& CAKES GALORE

R37 (INCL. VAT) ISSUE 16 | 2018
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Our skin is affected by stress, pollution, dry air and harsh sunlight on a daily basis. What's more, free radicals are emitted in the cellular process when they're exposed to these harmful elements.

This causes cell dysfunction in a process called oxidation, which causes a myriad of skin concerns, including premature ageing, acne, dehydration and sensitivity.

Antioxidants occur naturally in foods and neutralise harmful free radicals, keeping skin at a prime balance. Look out for these power-packing ingredients when next you peruse the beauty shelves.

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BERRY BOOST – POMEGRANATE

If reports of the health benefits of pomegranates are anything to go by, we should all be eating more of this delicious fruit. The skincare benefits are so numerous that you should slather away with as many pomegranate infusions as you can find!

Rich in zinc, iron, potassium and vitamins C and K, this little beauty booster helps replenish skin with deep hydration, protects cells against oxidative stress and improves the texture of your skin. Pomegranate-based products work by strengthening the surface of skin cells, boosting the skin's protective barrier while also repairing and regenerating the cells' deeper layers for an all-round rebirth. Pomegranate also promotes micro-circulation, guards against skin cancer and protects your DNA! It's a must-have anti-ageing antioxidant.

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38 FEBRUARY 2014

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Complementary
solid hues pair
well with a
*high-waisted
floral skirt*

Top R99, Fashion Express;
skirt R220, Exactl; **Tempo**
watch R599, American Swiss
and Sterns

FEBRUARY 2014 41

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FASHION FORWARD

*A printed blazer
can be worn
with denim for
a toned-down
variation of
the trend*

Top R240, Foschini; **blazer**
R320, Exact11; **jeans** R220
and **earrings (part**
of set) R59, both
Fashion Express

40 FEBRUARY 2014

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Make your body beautiful with Solutions body Curves

Strengthening Women
Work out for **FREE** for 2 weeks at Curves* when you purchase the Stretch Mark 24 Line Reducing Treatment and the Cellu-Sculpt 3X Tri-Roller Anti-Cellulite Treatment.

Avon has partnered with Curves – fitness and weight-loss centres for women – so that you can experience their full body workouts for free.

Visit www.avon.co.za for participating club information and terms and conditions.

For more information on Curves, contact 0800-CURVES or 0800 287 837 or visit www.curves.co.za

*Offer valid for Curves Circuit

Terms and conditions:
1. Terms and conditions apply to all participants and activities relating to: (a) purchase of both Solutions Body products and work out for free for 2 weeks at Curves* offer (Offer 1).
2. Participants must, in written acceptance for purchase of all items, understand, accept, waive and consent, and it may not be modified or superseded except by the Company, at its reasonable discretion using communication methods reasonably calculated to reach a majority of participants. 3. Offer not transferable or negotiable, nor may it be assigned, sold or any other way. The Company reserves right to modify or substitute offer for any other reason as long as it is comparable in quality and value. 4. Offer open only to participants on health insurance. 5. Offer valid during period 2 July 2012 to 24 August 2012. 6. Only 1 (one) 14 day body-shaping programme. 7. Programme is non-transferable, regardless of number of purchases made. 8. Participants to be made directly with the Curves Club of your choice to activate your 14 day programme. 9. For a participating club, please visit www.curves.co.za. 10. Participants must present their original Solutions Curves coupon to Curves Club to take advantage of programme by no later than 24 September 2012, which is when the free workout offer ends. 11. Offer may vary as to the details of programme, frequency and duration of body sessions.

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new 2 STEPS to a better looking body



Reduce the look and feel of stretch marks!



1 Stretch Mark 24 Line Reducing Treatment
Formulated with grapefruit peel extract, which helps protect and stimulate collagen in skin*, this product improves the look and feel of stretch marks.
200 ml 66810
Regular Price R165
R99

2 Cellu-Sculpt 3X Tri-Roller Anti-Cellulite Treatment
Formulated with purified olive extract to help stimulate the production of elastin*, Promotes smoother skin and reduces the look of cellulite.
150 ml 66809
Regular Price R220
R130
*Based on in vivo testing

Smooth the look of cellulite!

All cosmetic product results are achieved and maintained with continued use. All Solutions products are allergy and dermatologist tested.

SAVE 40%

AVON SkinStore

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AVON *SkinStore*

solutions
perfect tone

complete your
PERFECT TONE
regimen

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FOR SKIN WITH UNEVEN TONE OR DISCOLORATIONS

**FOR BEAUTIFULLY BRIGHTER,
MORE RADIANT SKIN**

new

Tone

**WITH
MULBERRY**

Mulberry is rich in antioxidants like vitamin A to help brighten the complexion and enhance skin's radiance



Cleanse

**Perfect Tone
Brightening Cleanser**
Fast-foaming cleanser eliminates excess oil and flushes out impurities to keep skin looking and feeling clean and healthy.
150 ml 10171
Regular Price R65
R50

All cosmetic product results are achieved and maintained with consistent use. All Solutions products are allergy and dermatologist tested.

**Perfect Tone
Brightening Toner**
Refreshing toner gently but effectively removes last traces of make-up and grime, leaving skin feeling soft and healthy.
200 ml 10170
Regular Price R65
R50



Treat

Perfect Tone Brightening Eye Cream
Lightweight, quickly absorbing cream reduces the appearance of dark circles and makes eyes look less puffy after one week*. Skin looks more radiant after two weeks*. With regular use, skin becomes softer, smoother and more supple.
15 ml 10169
Regular Price R115
R70

**save
up to 40%**

*Based on a consumer study.

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IN
SYNC

Maxi dress **R99.99**



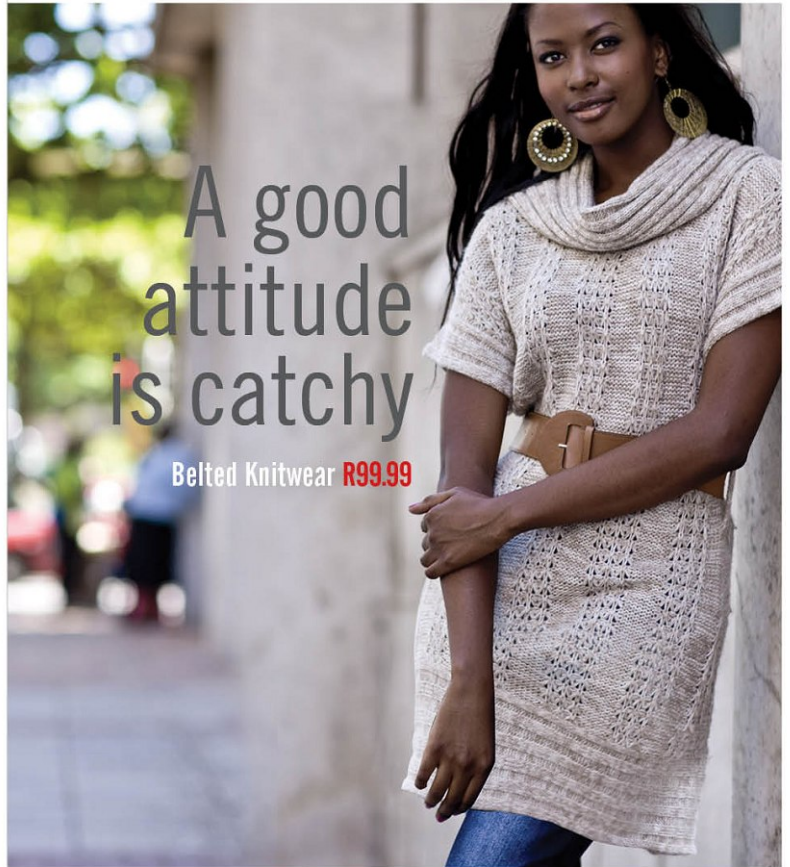
Handbag R99.99
Necklace R39.99
Earrings R39.99
Boots R149.99

Shirt **R89.99**



A good
attitude
is catchy

Belted Knitwear **R99.99**



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NEW

**NO STRESS SWEATING,
NO BODY ODOUR,
NO MATTER WHAT.**

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